

# AIRE VALLEY MAG

COMMUNITY NEWS AND LOCAL BUSINESS DIRECTORY

October 2018



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Autumn naturally brings introspection, a turning inward, a certain contraction. We fold away the garden furniture, dig up the vegetable patch, plant bulbs, stack logs, fill the coal bin, inspect the drains. There is a comforting rhythm in the tasks that come with the season. The other thing I do is make a list of all the jobs that need doing and I get them done: Chimney swept, car serviced, trees trimmed, spare bedroom painted, external lights repaired, new aerial fitted. I like using trusted local people, most of whom I find in the pages of Aire Valley Mag. What's on your to do list this season? In the magazine you'll find a host of handy tradespeople and services all locally based. Why not give them a call and start ticking off those items on your list! Have the best October ever,



Liz Editor Liz Barker

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Millions of homes across the UK enjoy the added luxury of a conservatory, whether it's for entertaining, extra living space or simply enjoying the views of the garden. But older conservatories can come with drawbacks – more often than not they are too cold in the winter and too warm in the summer, meaning they are underused. But now that's all changing. UltraRoof380 is helping transform conservatories into beautiful, elegant spaces, complete with vaulted ceilings and full-length glass panels to let the light flood in. The roof has been developed specifically for owners wanting to reinvent a conservatory and turn it into a room that feels more like an extension. While conservatories bring in plenty of natural daylight, the UltraRoof380 provides the best of both worlds, allowing



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The Keighley & Worth Valley Railway

As we've only just finished reeling from the heatwave, we are very aware that festive excitement is building. Since we opened booking in July, we have sold over 50% of the seats for our Santa Specials, so please do book soon if you want to avoid disappointment on a particular date.

We have the ever-popular Beer and Music Festival 18th - 21st October and plenty going on as we continue to run steam trains every weekend.

One of the most remarkable annual events on the Railway is one that most passengers never see. It's what we call "Civil Week", when the Railway is closed for operations and our civil maintenance volunteers take a week off work to undertake vital infrastructure renewals across the Railway. This year they have relaid track at Oakworth improved the drainage in the area; replaced the turnout at the Oxenhope end of the line; and continue to work to raise the height of the end of Haworth Platform, which is a legacy we inherited from British Railways. The steam crane was working at Oxenhope, and teams of volunteers at all three locations during the week as well as before and since to prepare and

finish off the work. The last train passes on the Sunday evening, and the track will be lifted, and it's all back in place for the following Saturday morning when the first train leaves Oxenhope. It's an amazing achievement, requiring technical skill, meticulous planning and great teamwork, commitment and enthusiasm, especially when we get the "finest" weather than the Valley can offer. The team had to work under the heat of clear, blue skies and then deal with days of downpour, all within a very productive and important Civil Week.

I'm sure you will join me in thanking all my fellow volunteers for their efforts, and I would encourage you to consider whether you can join our volunteering team.

In the meantime, we will go back to celebrating our 50th year of operation, and having awarded nearly 50 fifty year volunteering awards to our longest-standing members, we are in the process of awarding dozens of 10, 20, 30 and 40 years of loyal service to the Railway to keep those increasingly elderly wheels turning.

Matt Stroh, Chairman KWVR

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# HALLOWEEN TRAIN

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Photo by John Sargent

adults we are too busy complaining about the dark nights and the rain to take stock and just look around us at the beautiful things that surround us.

The Leeds Liverpool Canal is a fine example of somewhere accessible that gives you time to breath and to stop and look. We have often been there when the ice has lain thick across the water and the frost has been hanging like ribbons from the branches of the trees. I have walked as far as the 5 Rise locks at Bingley, enjoyed a coffee and a piece of cake at the café and then turned around and walked back.

Apparently, as I have said hundreds of times to my children, the Aire Valley is possibly one of the very few valleys to boast a rail, road, river and canal system! It may not be strictly true, but I do like the idea. It harkens back to a time of hope, dignity and the heavy wheels of industry making something you could see. So, grab your waterproof coat, call for the dogs and get out there.

## Explore Wood, river & canal by Antony Silson

There are the Dales for Spring and Summer, and the Pennines for Autumn and Winter. As the nights close in around us and we reflect on what has been quite a remarkable summer, a whole new pattern to life begins. It is around now that the walks we plan for ourselves, and Molly and George our two greedy Labradors, begin to change from hillsides and moors to woods, riverbanks and canal sides.

How lucky we are that within a short journey (whether by bus, train or car) we can be kicking up the leaves in any number of local woods or parks amidst colours to take your breath away? Where you can incorporate a walk through the gently descending leaves with a refreshing stop for a coffee or a pint.

One of life's greatest pleasures is seeing the natural world in all its electrifying glory. Remember when it was so satisfying as a child to pick up conkers, throw piles of leaves at each other and just stop and marvel at how something could change colour so much. Sometimes I feel that as



Antony Silson loves walking with his two dogs, has a vast music collection, watches a lot of films, enjoys cheese and lives in Keighley. His show airs on Drystone Radio Sundays 5-7pm

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## Best fluffy pancakes



With summer sadly now a distant memory and the kids all back at school, I have been making the most of the darker mornings by trying out some new breakfast recipes.

I'm not sure if it's just me but I'm sometimes left scratching my head when it comes to breakfasts that don't leave the kids slightly wired on sugar just in time for school. Don't get me wrong, ours love cereal and some mornings it is literally all we have the time or energy for, but while I'm feeling semi-refreshed from summer I'm road-testing some other options.

These are quick to make, fluffy as you like, dairy and egg free, low in sugar, and kid approved. We had ours with blueberries, strawberries and bananas - which you can either add when cooking or serve on the side. You can also make them refined-sugar free by subbing the sugar for maple or agave syrup.

### Ingredients

- 1 cup or 125g of flour
- 1 tbsp baking powder
- 2 tbsp sugar
- ½ tsp salt



### 'Buttermilk'

- 1 cup of non-dairy milk (we used oat)
- 1 tbsp apple cider vinegar (sounds weird, huh, but you won't taste it!)
- 1 tsp of vanilla extract

### Method

Mix the dry ingredients together in a bowl. In a separate bowl, mix the wet ingredients (the buttermilk) and allow it to stand for 5 minutes. After 5 mins, add

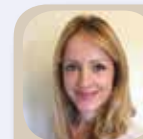
the wet ingredients to the dry ones and mix until combined.

Add a puddle of the mixture to a medium-heat frying pan, with a very thin coating of oil, and cook for around 1 minute or until bubbles appear. Flip then cook for a further 30 seconds to 1 minute, or until nicely browned. If you want to include any toppings while cooking, add them before you flip and they will caramelize slightly.

### Tip: Don't Over Mix

Over-mixing pancake batter makes them heavy and flat, not fluffy. To prevent this, mix dry and wet ingredients separately at first then combine just before cooking.

Share your pancake pictures on Instagram with [@amy\\_firth78](https://www.instagram.com/amy_firth78) to be in with a chance of winning a vegan baking starter pack.



Yorkshire born and bred, Amy Firth lives in the Worth Valley with her partner, 3 kids, Murphy the dog and several rescue hens. A life-long advocate for fairer food and farming,

Amy is always in search of great veggie and vegan recipes which she shares on her Instagram page: [@amy\\_firth78](https://www.instagram.com/amy_firth78)

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## Sudoku

7	9					4	6	
8			6		4			
6						2		
		3			7			
9								2
			8			5		
		8						7
			2		1			5
	7	5					3	9

		9		3				1
3		7	9	2				
2						7		
		4				2	7	
			6		4			
	8	6				5		
		1						2
				8	3	6		7
4				7	9			

1		2			4		6	9
8		4	5			1		
	5						4	8
4			1		8		3	
	1		7		6			2
7	3						2	
		9			1	3		6
6	4		3			7		1

	6		7					3
7	8		2					6
				5	1			
9	2			6		4		
		5	8		2	9		
		6		4			1	2
			4	1				
1					8		4	9
	4				6		8	

To solve a sudoku puzzle, each row of nine squares must contain the numbers 1 through 9. Each column must also contain the numbers 1 through 9, and each box must contain the numbers 1 through 9. See page 23 for answers.

## Where in the Aire Valley? COMPETITION

Where is the **red x** located in the photo to the right? ?

This month's prize is generously donated by **Keighley & Worth Valley Railway**

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Email your answer including your name & address to:  
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Last month's location was Cafe Choux Choux, Keighley  
The winner was Samantha Upton, Glusburn  
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# Brontë Parsonage Museum at 90

## A History of the Museum in 10 Objects

### 8 Tea Caddy Charlotte Brontë 1840s - 1850s

It may appear to be a simple wooden box for containing tea but there's more to this interesting relic than meets the eye, not only as one of Charlotte's more unusual creations but because of the technique used in its decoration. A personal item gifted by Charlotte Brontë to her close friend Ellen Nussey, each panel is filled with a considerable



amount of carefully rolled up strips of paper, a technique called quilling. Quilling was one of many crafting activities done by the Brontë sisters, who also occupied themselves with drawing, sewing, knitting, embroidery and quilt-making.

Quilling originated from the 13th century and attempted to replicate lacelike filigree work, an ancient technique of soldering twisted or coiled threads of precious metal. By rolling up thin strips of paper in various ways, a similar effect was achieved

whilst being considerably more affordable. Initially this technique was used only by monks and nuns, but quilling became a popular hobby in the 18th century. Before dying out about a hundred years later. However, it has enjoyed a bit of a revival in art and card-making over the last couple of decades.

Sadly, the various rolls or coils of paper used in quilling collect dust which cannot be easily be removed and so, unfortunately, time takes its toll. This has led to the loss of this example's brilliant colours of green, red and gold. Nevertheless

you can still make out the intricate floral patterns that were achieved.

David Sweeting *Museum Assistant*

#### Sources:

*Sixty Treasures* by *Juliet Barker*

*Thrilling Quilling: The Ultimate Quiller's*

*Sourcebook* by *Elizabeth Moad*

*New Concepts in Paper Quilling: Techniques for Cards and Gifts* by *Marie Browning*



## October at the Brontë Parsonage Museum

MONDAY 22 – FRIDAY 26 OCTOBER

Join us for our half-term family activities

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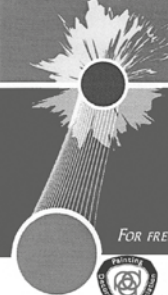


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are assured of the best job. Integrity in that we will turn up at the time we say and make sure the house is spotless when we leave, and Value in that we offer our services at a price people can afford. Our business relies on referrals and we get a huge amount of our calls from people who have been referred to us by our existing customers - that simply wouldn't happen if we didn't adhere to our overriding principles.

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# MAYBE IT'S JUST ME by Beth Cunningham

Any week now the new Dales bus timetable will come out - and I'll be first in the queue.

The ladies in the office at Keighley bus station will be pleasantly surprised when I tell them why I'm there. Usually - before I say anything - they dive into the lost property box in search of my gloves. I often leave something on the bus. My brain, for example.

Nothing - except a big slice of chocolate fudge cake - makes the prospect of winter more bearable than that little timetable.

Grab it, head for home, slip into your bobbly old dressing gown, put the kettle on then spend the entire evening reading about the places you could visit. Even if you don't go, you'll know how to and when.

The next day - after dreams of Wensleydale, Malham Cove and Bolton Abbey - sally forth to impress strangers with your nerdish knowledge. See them back away, as they would from an elderly trainspotter who still lives with a mum who makes him Marmite soldiers.

This is a practice run. It's the driver who will need telling. On Sundays, ticket machines on Keighley buses sprout more buttons than a pearly king's trousers. You must know what to ask for.

'I'd like a Wacky Woman's Wharfedale Wildebeest Rover ticket,' you say.

The driver will scratch his head - or hers, as in Keighley we lead the world in equal opportunities. Eventually, the correct ticket will be located and issued and the people behind will stop hating you.

The drivers are a patient, professional bunch. No wonder most passengers thank them on alighting.

But somewhere in a concrete bunker in Leeds lives the Metro Monster, stroking his white Persian cat and devising sadistic cuts to stop Worth Valley residents going out in the evening by bus.

Still, as a K-Day queen I can paddle in the City Park lake in Bradford, press my nose to the window of Betty's in Ilkley and get my chakras repositioned in Hebden Bridge, all on the same ticket.

This time next year, it won't be just the Dales bus timetable I'm anticipating. I'll be looking forward to my oldies' pass.

On one of the routes, you get a recorded commentary that announces the next stop as the cemetery. I hope I'm not tempted to shout: 'You can say that again, mate!'



Beth Cunningham was brought up in Rawdon. She left Yorkshire to work for newspapers and magazines on Merseyside and in Wales, the Middle East and London, where she also wrote and performed stand-up comedy.

She now lives in Haworth, is a life member of the Bronte Society and writes short stories.

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9	8	7	5	4	6	3	1	2
1	2	6	8	9	3	5	7	4
4	1	8	9	3	5	6	2	7
3	6	9	2	7	1	8	4	5
2	7	5	4	6	8	1	3	9

6	5	9	8	3	7	4	2	1
3	4	7	9	2	1	8	6	5
2	1	8	5	4	6	7	9	3
5	9	4	3	1	8	2	7	6
7	3	2	6	5	4	1	8	9
1	8	6	7	9	2	5	3	4
8	7	1	4	6	9	3	5	2
9	2	5	1	8	3	6	4	7
4	6	3	2	7	5	9	1	8

1	7	2	8	3	4	5	6	9
8	9	4	5	6	2	1	7	3
3	5	6	9	1	7	2	4	8
4	2	7	1	9	8	6	3	5
9	6	8	2	5	3	4	1	7
5	1	3	7	4	6	8	9	2
7	3	1	6	8	5	9	2	4
2	8	9	4	7	1	3	5	6
6	4	5	3	2	9	7	8	1

5	6	1	7	8	9	2	3	4
7	8	9	2	3	4	1	5	6
2	3	4	6	5	1	8	9	7
9	2	3	1	6	5	4	7	8
4	1	5	8	7	2	9	6	3
8	7	6	9	4	3	5	1	2
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**Keighley Model Railway Club, Knowle Mills, South Street, Keighley, BD21 1SY** Meeting every Tuesday and Thursday Evenings from 7.00pm until 10.30 Thursday afternoons, 12.45pm until 4.30pm & Saturday afternoons 1.00pm until 5.00pm Everyone is welcome, children over the age of 10 must be accompanied by an adult. There is a direct lift access to the clubroom.

**Aire Valley Railway Modeller's Club, Melbourne House, Dalton Lane, Keighley, BD21 4LG.** Meeting every Monday, Tuesday & Thursday night from 7.00 pm until 11.00 pm and Saturday afternoon from 1.00 pm until 5.00 pm, juniors over the age of 8 years old and accompanied by an adult, are welcome. Entry and exit by stairway only.

**Every Wednesday Knit & Knatter at Sutton Cricket Club** 1.30pm - 3.30pm. Everyone Welcome.

**Steeton Bobbins WI** meet the first Tuesday of each month at **7pm at Steeton Hub**. More info contact Diane Pritchard 01535 653748.

**Every Tuesday 1.30 - 3pm Games & Social Club at Glusburn Institute.**

Enjoy an informal afternoon playing your favourite games or just enjoying a hot drink & chat. £2 including refreshments. More info call 01535 630223 or 07834 713735

**Every Tuesday 10 am to 12 Sewing/ Stitch Group at Glusburn Institute.** Call Claire 07904 010430 or email cketterman@aol.com.

**2nd Tuesday of every month 10am - 12 noon Time for Me (Carers Resource)** is a monthly group for carers and over 50's. Fun activities



and friendly support at **Steeton Hub, Stone Grove**. More info call Sarah Wademan 01274 449660.

**Dementia Friendly Keighley seated exercise classes** are every Monday 11.15am - 12pm at **Central Hall, Keighley, BD21 3JD** More info call Maggie 07971 527525 or email info@dementiafriendlykeighley.org.uk.  
**Bronte Parsonage Museum - Late night Thursday's throughout Summer** after 5.30pm for residents of BD20, BD21 & BD22 (please bring address proof).

**June to Sun 18th Nov Keighley War** at **Cliffe Castle, Keighley**. Photos and medals to paintings and toys, this new exhibition takes visitors on a journey.

**Fri 5th Oct 7.30pm Glusburn Institute Community & Arts Centre Cinema showing The Guernsey Literacy & Potato Peel Society (12A)**

**Sat 6th Oct 9am - 3pm Bingley Markets** at Bingley Town Square, **Main Street, Bingley**. Markets in Bingley Town Square with stalls featuring fish, cheese and flower traders as well as new stalls selling fresh, local produce and artisan crafts  
**Sat 13th Oct 7.30pm - 11pm Family Ceillidh** in support of Manorlands at **Silsden Town Hall**. Tickets call 01535 600101 or 07779239276

**Tues 16th - Sat 20th Oct Keighley Musical Theatre presents Hairspray** The Broadway Musical at Victoria Hall, Keighley.

**Thurs 18th - Sun 21st Oct Keighley & Worth Valley Railway Beer & Music Festival.** Beer & Music festival with over 150 ales from all over the country to choose from. Cider and wine drinkers will also be able to have their thirst quenched with a wonderful selection of fine wines and ciders. Music in the main Exhibition Hall and in the marquee at Ingrow West.

**18th Oct A Workshop with Ann Simpson-"Parallel Designs" at Steeton Methodist Church Hall.** Doors open 6-45 pm for refreshments and the Meeting starts at 7-30 pm, Visitors and New Members always welcome-Visitors £5. Full year membership £35. Contact Anne Lindsay 01535523529 for further information.

**Sun 21st Oct Train rides for all the family.** Miniature trains running at **Marley sports field approx. 13:30 until 17:00**. Steam and electric trains providing trips for all ages. Details at [www.kdmes.org.uk](http://www.kdmes.org.uk)

**Mon 22nd - Friday 26th Oct Half term family activities at the Bronte Parsonage Museum** [www.bronte.org.uk/whats-on](http://www.bronte.org.uk/whats-on) for more information.

**Thurs 25th Oct Spooky Storytelling and launch of The Outsider** at the Bronte Parsonage Museum, Free admission for local residents after 5.30pm.

**Mon 22nd until Sat 27th Oct 84 Charing Cross Road at Keighley Playhouse.** This delightful play is a dramatisation of letters between Helene Hanff, a struggling New York writer and Frank Doel, manager of Marks & Co., an antiquarian bookshop in London, and the friendship that builds over a 20 year period between 1949 and 1969, during which time Helene shows her gratitude by sending "care packages" to the staff.

**Sat 27th - Sun 28th Oct Haworthen at Main Street, Haworth.** If you are scared of things that go bump in the night, don't go to Haworth this Halloween. To mark the Halloween weekend, wear your scariest costumes and join the parades up Main Street.

**Sat 27th Oct 10am - 4pm Creepy Keighley FREE** Halloween Themed Street Entertainment, face painting, Balloon Modelling & more! Inside the Airedale Shopping Centre will be the 'Bushtucker Café', gather round 'Madame Zucchini' for her Halloween themed vegetable model making, and keep your eyes peeled for a giant walking Frankenstein. Gear up for 'Granny Turismo'! Shopping trolley riding granny's who'll be speeding around the shopping centre.

**Sat 27th Oct 4pm - 5.30pm (under 7's) 6.30pm - 8 pm (8 plus) Kids Halloween Fancy Dress Party at The Hive, Elliott Street, Silsden.** £1 entry paid on the door.

**Fri 2nd Nov 7.30pm Cinema - Zombieland at Glusburn Institute.**  
**Sun 4th Nov 5pm - 9pm Fireworks and family fun at The Hive, Silsden**



# SMITHY'S TECH TIPS

By Liam Smith

## Sorry, I didn't quite catch that?

As many of you who've bought a TV in the last few years will have noticed, your TV doesn't sound as great as your previous one. You may be asking yourself if it's a by-product of age, or if it really is the TV, well rest assured we're going to clear that up. The short of it is no, you're not imagining things, TVs have gotten progressively worse and here's why.

The trends that televisions have followed over the years have one key factor in mind, smaller bezels. Reducing the thickness of these bezels results in a much more immersive picture with a reduced real estate to distract you from the content, but there is a catch, and you've already guessed it, the sound has taken a hit.

Since TVs have become thinner, there is less space to fit adequate speaker drivers, the smaller these drivers are, the weaker they become, resulting in a lack of bass and a loss of dialogue. Not only that, but the placement of these speakers involves the sound being directed away from you, as most modern TVs tend to have speakers firing down or against the wall to 'redirect'



the sound, which only serves to muffle it further.

So we've established that there is a problem, but what's the solution? A term you might've heard being mentioned more and more is a 'soundbar', without going too much into the technical side of things, the purpose of this product is to provide a much wider soundstage by comparison to your TV. Only two cables are required

to install it, one from the soundbar to the TV and the other would be to power it. Like anything, they vary in price relative to quality, but even a cheap

soundbar would greatly enhance the sound by comparison. Certain soundbars will focus on specific factors for enhancing sound, so choosing the right one whether it's to compensate for a lack of bass or to improve the dialogue is of paramount importance.

If you're in the position where you've purchased a new TV, or even an existing one that doesn't quite cut it anymore, it's reassuring to know that there is a solution out there, and should you require any information regarding them please contact Pennine Plus on 01535-600700 or via email [sales@pennineplus.com](mailto:sales@pennineplus.com)

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